



Professional Complementary Health Formulas

HIGHEST QUALITY NATURAL PHARMACEUTICALS

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Cold & Flu Drops

(C134) 2oz - Hand Succussed Homeopathic

Product Indication: Provides homeopathic aid in relief from flu symptoms: aches, chills, fever, and intestinal upset.

Clinical Considerations

Cold & Flu Drops provide fast, targeted relief from the symptoms of acute viral infections. This formula is especially effective in relieving aches, pains, headaches, fever and intestinal upset.

Patients who get sick every year or who have weakened immunity resulting in increased symptom severity may benefit from taking Cold & Flu Drops during peak and off seasons. Such patients may also benefit from combining Cold & Flu Drops with formulas such as *Immune Enhancement Liquescence (T29)* or *Immune System Stimulator (C33)* for additional support to the immune system.

Combine Cold & Flu Drops with other nutritional formulas such as *Immestim Complex (GIMC)*, *RespiraTone (PRT)*, *Althaea Complex (B12AL)*, or *Cold & Flu Botanical (E24)* for targeted relief based upon the specific symptomatic profile. Also, consider combining Cold & Flu Drops with *Mucolytic Drainage Liquescence (T19)* to improve lung congestion and reduce fluid buildup.

Thymus support may also be important for patients who are chronically ill or complain of reoccurring or lingering symptoms well after infection. In these cases, *Thymus Drops (HTMD)* or *Immestim Complex (GIMC)* may be indicated for additional synergistic thymus support.

Dosing Recommendations

For patients with acute symptoms dose 10-15 drops under the tongue every 15 minutes for the first three hours, then hourly for the next eight hours or until symptoms subside. For maintenance follow typical dosing of 10-15 drops three times daily; employ acute dosing when necessary for symptom improvement.

For patients with chronic low immunity dose 10-15 drops weekly or monthly.

This product has been manufactured and hand succussed in an FDA registered laboratory and prepared under strict United States Homeopathic Pharmacopoeia guidelines. If pregnant or nursing consult your health care professional before using product.



Ingredients: Pulsatilla 2X, Chamomilla 3X, Dulcamara 3X, Colocynthis 4X, Ferrum phosphoricum 4X, Gelsemium sempervirens 4X, Aconitum napellus 6X, Phosphorus 6X, Belladonna 8X, Purified water, 20% U.S.P. alcohol.

Materia Medica Ingredient Descriptions

Pulsatilla (Wind Flower) 2X

Indicated for: changeable symptomatology, thick yellowish discharges. Affectionate, easily hurt, cry when discussing their symptoms. Cry easily when laughing. White or yellow coated tongue. Right-sided complaints. Dislikes hot food, bread, meats, fatty foods. Cold hands and feet but dislike heat. Weepy, clingy individuals who are overly sensitive. Better with bathing, fresh air, and crying. Worse with fatty food, exposure to sun, wet weather; twilight.

Chamomilla (German Chamomile) 3X

Indicated for: lack of sleep, irritability, colic, earache, toothache. Red cheeked on one side. Pains are unbearable, person is clammy, hot and sweaty and desires to be uncovered. Overly sensitive and angry, refuses attention. Better with sweating. Worse in the evening; sensitive to cold and drafts.

Dulcamara (Bitter-sweet) 3X

Indicated in hot days and cold nights toward the close of summer. Corresponds with symptoms to conditions resulting from damp weather; cold after exposure to wet; diarrhea. Specific relation to the skin, glands, digestive organs, and mucous membranes secreting more profusely while the skin is inactive. Congestive headache, with neuralgia and dry nose. Those living/working in damp cold basement. Vomiting, nausea, and chills during vomiting. Hoarse cough; spasmodic. Fever and burning head.

Colocynthis (Bitter Cucumber) 4X

Often indicated in transition season. Development of symptoms in the abdomen and head causing intense neuralgias. Irritable person easily angered; neuralgic pain relieved by pressure; cramps and twitching and shortening of muscles; urinous order of perspiration; lateral cutting headache; and agonizing pain in the stomach and abdomen.

Ferrum phosphoricum (Phosphate of Iron) 4X

Indicated for those nervous and sensitive; anaemic with false plethora and easy flushing of ferrum. Remedy for the first stages of all febrile disturbances and inflammation before exudation set in especially for catarrhal affections of the respiratory tract. Carries oxygen throughout the body and strengthens the walls of blood vessels, especially the arteries.

Gelsemium sempervirens (Yellow Jasmine) 4X

Indicated for: flu-like symptoms, anxiety around upcoming events, feeling paralyzed. Exhaustion, heavy eyelids, absence of sweating during fever; thirstless, trembling. Arms and legs feel weighted or heavy. Dislikes company, preferring to be alone. Fears public speaking. Better after sweating or urinating. Worse with bad news, excitement, or physical exertion.

Aconitum napellus (Monkshood) 6X

Indicated for: acute and sudden onset of fevers. Inflammation and early stages of disease processes. Fear, sensitive to noise, restlessness such as anxiety. Better with fresh air. Worse at night.

Phosphorus 6X

Indicated for: malnutrition, anemia, bleeding. Common in tall, fine-featured, thin individuals. Bleeding gums, nosebleeds. Burning type pains. Sleep on the right side. Blood veins transparent through skin. Hair loss. Nervousness, irritable, or sensitive. Better with sleep or massage. Worse before eating, with weather changes, in the morning, or when lying on the left side.

Belladonna (Deadly Nightshade) 8X

Indicated for: fever, sunstroke. Conditions of the nervous system and throbbing pain. Treats swollen, sensitive glands. Identified with red, hot skin, dry fever, quick respiration, red throat, dry mouth. Aversion to water and milk. Excited mental state. Better when lying down. Worse with cold temperatures, drafts, 3pm.

Other Ingredients: In a base of Purified Water, 20% USP Alcohol.

Synergistic Formulations

Patients that benefit from Cold & Flu Drops may also benefit from the following PCHF formulas:

- Immestim complex (GIMC/GIMCLG)
- Immune System Stimulator (C33)
- RespiraTone (PRT)
- Althea Complex (B12AL)
- Cold & Flu Botanical (E24)
- Thymus Drops (HTMD)
- Immune Enhancement Liquescence (T29)
- Mucolytic Drainage (T17)

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These statements have not been evaluated by the Food and Drug Administration. No statement in this bulletin shall be construed as offering these products for the diagnosis, cure, mitigation, treatment, or prevention of any disease.